

2010 NATIONAL ALL STAR CHEERLEADING CHAMPIONSHIP PRACTICE SCHEDULE
REHEARSAL TIMES FOR SATURDAY MARCH 13, 2010
ESPN WIDE WORLD OF SPORTS® MILKHOUSE

Order	Division	Team Name	Team		12 Minute Warm-up	Check-In Time	Compete Time
			Photo / Check-In	Warm-up Floor			
1	Small Youth Level 3	Charlotte Allstars - Yellow	9:15 AM	A	9:30 AM	9:50 AM	10:00 AM
1	Small Junior Level 3	Midwest Cheer All-Stars - Thunder	9:20 AM	B	9:35 AM	9:55 AM	10:05 AM
2	Small Youth Level 3	Rock Solid All Stars - Y3	9:25 AM	C	9:40 AM	10:00 AM	10:10 AM
2	Small Junior Level 3	Star Athletics	9:30 AM	A	9:45 AM	10:05 AM	10:15 AM
3	Small Youth Level 3	Flash Allstars - Flash Dash	9:35 AM	B	9:50 AM	10:10 AM	10:20 AM
3	Small Junior Level 3	River Cities Cheerleading - Junior Rebels	9:40 AM	C	9:55 AM	10:15 AM	10:25 AM
4	Small Youth Level 3	Top Gun All Stars - Pistol Black	9:45 AM	A	10:00 AM	10:20 AM	10:30 AM
4	Small Junior Level 3	Apex Athletics - Intensity	9:50 AM	B	10:05 AM	10:25 AM	10:35 AM
5	Small Youth Level 3	Premier Athletics - Hurricanes	9:55 AM	C	10:10 AM	10:30 AM	10:40 AM
5	Small Junior Level 3	Tumblebeez All Stars - Stingers	10:00 AM	A	10:15 AM	10:35 AM	10:45 AM
6	Small Youth Level 3	Cheer Corp All Stars - Lieutenants	10:05 AM	B	10:20 AM	10:40 AM	10:50 AM
6	Small Junior Level 3	KC Cheer	10:10 AM	C	10:25 AM	10:45 AM	10:55 AM
1	Large Youth Level 3	East Celebrity Elite - Youth Gold	10:15 AM	A	10:30 AM	10:50 AM	11:00 AM
7	Small Junior Level 3	Brandon All-Stars - Junior Maroon	10:20 AM	B	10:35 AM	10:55 AM	11:05 AM
2	Large Youth Level 3	Elite Cheer & Dance - Impact	10:25 AM	C	10:40 AM	11:00 AM	11:10 AM
8	Small Junior Level 3	Tri-State Cheer All Stars - Explosion	10:30 AM	A	10:45 AM	11:05 AM	11:15 AM
3	Large Youth Level 3	Peak Athletics - Cheetahs	10:35 AM	B	10:50 AM	11:10 AM	11:20 AM
9	Small Junior Level 3	Cheer Florida	10:40 AM	C	10:55 AM	11:15 AM	11:25 AM
4	Large Youth Level 3	Arlington Cheer Elite	10:45 AM	A	11:00 AM	11:20 AM	11:30 AM
5	Large Youth Level 3	Mississippi Cheer Academy - Skulls	10:50 AM	B	11:05 AM	11:25 AM	11:35 AM
	Small Youth Level 3-Performance 2	Flash Allstars - Flash Dash	10:55 AM	C	11:10 AM	11:30 AM	11:40 AM
10 Minute Break							
1	Large Junior Level 3	Mississippi Cheer Academy - Gamblers	11:10 AM	A	11:25 AM	11:45 AM	11:55 AM
1	Small Junior Small Gym Level 3	Texas Heat	11:15 AM	B	11:30 AM	11:50 AM	12:00 PM
2	Large Junior Level 3	Turners All Stars	11:20 AM	C	11:35 AM	11:55 AM	12:05 PM
2	Small Junior Small Gym Level 3	Memphis Pride	11:25 AM	A	11:40 AM	12:00 PM	12:10 PM
3	Large Junior Level 3	Vancouver All-Stars - Inferno	11:30 AM	B	11:45 AM	12:05 PM	12:15 PM
3	Small Junior Small Gym Level 3	North Elite All Stars	11:35 AM	C	11:50 AM	12:10 PM	12:20 PM
1	Junior Coed Level 3	World Cup - Supersonics	11:40 AM	A	11:55 AM	12:15 PM	12:25 PM
4	Small Junior Small Gym Level 3	Gravity Cheer - Explosion	11:45 AM	B	12:00 PM	12:20 PM	12:30 PM
2	Junior Coed Level 3	ATL Allstars - Junior Blue	11:50 AM	C	12:05 PM	12:25 PM	12:35 PM
5	Small Junior Small Gym Level 3	Northern Elite - Rampage	11:55 AM	A	12:10 PM	12:30 PM	12:40 PM
3	Junior Coed Level 3	Planet Spirit - Twisters	12:00 PM	B	12:15 PM	12:35 PM	12:45 PM
6	Small Junior Small Gym Level 3	Eastern Washington Elite Cheer	12:05 PM	C	12:20 PM	12:40 PM	12:50 PM
4	Junior Coed Level 3	Cheerformance Xtreme - Hot Shots	12:10 PM	A	12:25 PM	12:45 PM	12:55 PM
5	Junior Coed Level 3	Central Mississippi Cheer	12:15 PM	B	12:30 PM	12:50 PM	1:00 PM

Score Sheets will be available - 1:30pm - 1:45 pm

Order	Division	Team Name	Team				
			Photo / Check-In	Warm-up Floor	12 Minute Warm-up	Check-In Time	Complete Time
1	Small Senior Level 3	Rock Solid All Stars - Seniors	1:00 PM	A	1:15 PM	1:35 PM	1:45 PM
1	Senior Coed Level 3	Iowa Elite Cheer	1:05 PM	B	1:20 PM	1:40 PM	1:50 PM
2	Small Senior Level 3	Cheer Florida	1:10 PM	C	1:25 PM	1:45 PM	1:55 PM
2	Senior Coed Level 3	Star Athletics	1:15 PM	A	1:30 PM	1:50 PM	2:00 PM
3	Small Senior Level 3	Peak Athletics - Jaguars	1:20 PM	B	1:35 PM	1:55 PM	2:05 PM
3	Senior Coed Level 3	Memphis Elite	1:25 PM	C	1:40 PM	2:00 PM	2:10 PM
4	Small Senior Level 3	KC Cheer	1:30 PM	A	1:45 PM	2:05 PM	2:15 PM
4	Senior Coed Level 3	Charlotte Allstars - Emerald	1:35 PM	B	1:50 PM	2:10 PM	2:20 PM
5	Small Senior Level 3	Premier Athletics - Hurricanes	1:40 PM	C	1:55 PM	2:15 PM	2:25 PM
5	Senior Coed Level 3	East Celebrity Elite - Senior Red	1:45 PM	A	2:00 PM	2:20 PM	2:30 PM
6	Small Senior Level 3	Tri-State Cheer All Stars - Encore	1:50 PM	B	2:05 PM	2:25 PM	2:35 PM
6	Senior Coed Level 3	Brandon All-Stars - Senior Maroon	1:55 PM	C	2:10 PM	2:30 PM	2:40 PM
7	Small Senior Level 3	Planet Spirit - Storm	2:00 PM	A	2:15 PM	2:35 PM	2:45 PM
7	Senior Coed Level 3	Arlington Cheer Elite	2:05 PM	B	2:20 PM	2:40 PM	2:50 PM
8	Small Senior Level 3	Southwest All Stars	2:10 PM	C	2:25 PM	2:45 PM	2:55 PM
8	Senior Coed Level 3	CheerForce - Coed Silver	2:15 PM	A	2:30 PM	2:50 PM	3:00 PM
9	Small Senior Level 3	River Cities Cheerleading - Senior Rebels	2:20 PM	B	2:35 PM	2:55 PM	3:05 PM
9	Senior Coed Level 3	Hawks Cheerleading Club	2:25 PM	C	2:40 PM	3:00 PM	3:10 PM
10	Small Senior Level 3	L.C.I. - Fury	2:30 PM	A	2:45 PM	3:05 PM	3:15 PM
11	Small Senior Level 3	Cheer Corp All Stars - Colonels	2:35 PM	B	2:50 PM	3:10 PM	3:20 PM
15 Minute Break							
1	Small Senior Small Gym Level 3	Arcadia Aces	2:55 PM	C	3:10 PM	3:30 PM	3:40 PM
10	Senior Coed Level 3	Heat Athletics - Wildfire	3:00 PM	A	3:15 PM	3:35 PM	3:45 PM
2	Small Senior Small Gym Level 3	Ultimate Athletics	3:05 PM	B	3:20 PM	3:40 PM	3:50 PM
11	Senior Coed Level 3	Cheer Illinois Athletics - Infinity	3:10 PM	C	3:25 PM	3:45 PM	3:55 PM
3	Small Senior Small Gym Level 3	Rebel Xtreme - Xtreme Storm	3:15 PM	A	3:30 PM	3:50 PM	4:00 PM
12	Senior Coed Level 3	Northern Elite - Force	3:20 PM	B	3:35 PM	3:55 PM	4:05 PM
4	Small Senior Small Gym Level 3	Eastern Washington Elite Cheer	3:25 PM	C	3:40 PM	4:00 PM	4:10 PM
1	Large Senior Level 3	Vancouver All-Stars - HurrCane	3:30 PM	A	3:45 PM	4:05 PM	4:15 PM
5	Small Senior Small Gym Level 3	Wildcat Elite All Stars	3:35 PM	B	3:50 PM	4:10 PM	4:20 PM
2	Large Senior Level 3	Apex Athletics - Rampage	3:40 PM	C	3:55 PM	4:15 PM	4:25 PM
6	Small Senior Small Gym Level 3	Warren County All Stars	3:45 PM	A	4:00 PM	4:20 PM	4:30 PM
3	Large Senior Level 3	All Star Cougar Cheer - Respect	3:50 PM	B	4:05 PM	4:25 PM	4:35 PM
7	Small Senior Small Gym Level 3	Absolute Academy	3:55 PM	C	4:10 PM	4:30 PM	4:40 PM
4	Large Senior Level 3	Kentucky Elite - RowdyCats	4:00 PM	A	4:15 PM	4:35 PM	4:45 PM
8	Small Senior Small Gym Level 3	Zone Cheer All-Stars - Sparks	4:05 PM	B	4:20 PM	4:40 PM	4:50 PM
9	Small Senior Small Gym Level 3	Panther Cheer Athletics	4:10 PM	C	4:25 PM	4:45 PM	4:55 PM

Score Sheets will be available - 5:15pm - 5:30 pm

**2010 NATIONAL ALL STAR CHEERLEADING CHAMPIONSHIP PRACTICE SCHEDULE
REHEARSAL TIMES FOR SUNDAY MARCH 14, 2010
DISNEY'S HOLLYWOOD STUDIOS™ INDIANA JONES THEATER**

Order	Division	Team Name	Team		12 Minute Warm-up	Check-In Time	Compete Time
			Photo / Check-In	Warm-up Floor			
1	Small Youth Level 3	Cheer Corp All Stars - Lieutenants	9:15 AM	A	9:30 AM	9:50 AM	10:00 AM
1	Small Junior Level 3	Cheer Florida	9:19 AM	B	9:34 AM	9:54 AM	10:04 AM
2	Small Youth Level 3	Premier Athletics - Hurricanes	9:23 AM	C	9:38 AM	9:58 AM	10:08 AM
2	Small Junior Level 3	Tri-State Cheer All Stars - Explosion	9:27 AM	A	9:42 AM	10:02 AM	10:12 AM
3	Small Youth Level 3	Top Gun All Stars - Pistol Black	9:31 AM	B	9:46 AM	10:06 AM	10:16 AM
3	Small Junior Level 3	Brandon All-Stars - Junior Maroon	9:35 AM	C	9:50 AM	10:10 AM	10:20 AM
4	Small Youth Level 3	Open	9:39 AM	A	9:54 AM	10:14 AM	10:24 AM
4	Small Junior Level 3	KC Cheer	9:43 AM	B	9:58 AM	10:18 AM	10:28 AM
5	Small Youth Level 3	Rock Solid All Stars - Y3	9:47 AM	C	10:02 AM	10:22 AM	10:32 AM
5	Small Junior Level 3	Tumblebeez All Stars - Stingers	9:51 AM	A	10:06 AM	10:26 AM	10:36 AM
6	Small Youth Level 3	Charlotte Allstars - Yellow	9:55 AM	B	10:10 AM	10:30 AM	10:40 AM
6	Small Junior Level 3	Apex Athletics - Intensity	9:59 AM	C	10:14 AM	10:34 AM	10:44 AM
1	Large Youth Level 3	Mississippi Cheer Academy - Skulls	10:03 AM	A	10:18 AM	10:38 AM	10:48 AM
7	Small Junior Level 3	River Cities Cheerleading - Junior Rebels	10:07 AM	B	10:22 AM	10:42 AM	10:52 AM
2	Large Youth Level 3	Arlington Cheer Elite	10:11 AM	C	10:26 AM	10:46 AM	10:56 AM
8	Small Junior Level 3	Star Athletics	10:15 AM	A	10:30 AM	10:50 AM	11:00 AM
3	Large Youth Level 3	Peak Athletics - Cheetahs	10:19 AM	B	10:34 AM	10:54 AM	11:04 AM
9	Small Junior Level 3	Midwest Cheer All-Stars - Thunder	10:23 AM	C	10:38 AM	10:58 AM	11:08 AM
4	Large Youth Level 3	Elite Cheer & Dance - Impact	10:27 AM	A	10:42 AM	11:02 AM	11:12 AM
5	Large Youth Level 3	East Celebrity Elite - Youth Gold	10:32 AM	B	10:47 AM	11:07 AM	11:17 AM
10 Minute Break							
1	Large Junior Level 3	Vancouver All-Stars - Inferno	10:45 AM	C	11:00 AM	11:20 AM	11:30 AM
1	Small Junior Small Gym Level 3	Eastern Washington Elite Cheer	10:49 AM	A	11:04 AM	11:24 AM	11:34 AM
2	Large Junior Level 3	Turners All Stars	10:53 AM	B	11:08 AM	11:28 AM	11:38 AM
2	Small Junior Small Gym Level 3	Northern Elite - Rampage	10:57 AM	C	11:12 AM	11:32 AM	11:42 AM
3	Large Junior Level 3	Mississippi Cheer Academy - Gamblers	11:01 AM	A	11:16 AM	11:36 AM	11:46 AM
3	Small Junior Small Gym Level 3	Gravity Cheer - Explosion	11:05 AM	B	11:20 AM	11:40 AM	11:50 AM
1	Junior Coed Level 3	Central Mississippi Cheer	11:09 AM	C	11:24 AM	11:44 AM	11:54 AM
4	Small Junior Small Gym Level 3	North Elite All Stars	11:13 AM	A	11:28 AM	11:48 AM	11:58 AM
2	Junior Coed Level 3	Cheerformance Xtreme - Hot Shots	11:17 AM	B	11:32 AM	11:52 AM	12:02 PM
5	Small Junior Small Gym Level 3	Memphis Pride	11:21 AM	C	11:36 AM	11:56 AM	12:06 PM
3	Junior Coed Level 3	Planet Spirit - Twisters	11:25 AM	A	11:40 AM	12:00 PM	12:10 PM
6	Small Junior Small Gym Level 3	Texas Heat	11:29 AM	B	11:44 AM	12:04 PM	12:14 PM
4	Junior Coed Level 3	ATL Allstars - Junior Blue	11:33 AM	C	11:48 AM	12:08 PM	12:18 PM
5	Junior Coed Level 3	World Cup - Supersonics	11:37 AM	A	11:52 AM	12:12 PM	12:22 PM

Awards Session I - Small Youth, Large Youth & Small Junior Level 3 Awards - 12:30pm - 12:45pm

Awards Session I - Small Junior Small Gym, Large Junior & Junior Coed Level 3 Awards - 12:45pm - 1:15pm

Due to the Parade at Disney's Hollywood Studios the rehearsal area behind Indiana Jones will close from 2:40pm until 2:55pm. No entry or exit of the rehearsal area will be allowed during this time. Thank you for your cooperation.

Order	Division	Team Name	Team				
			Photo / Check-In	Warm-up Floor	12 Minute Warm-up	Check-In Time	Complete Time
1	Small Senior Level 3	Cheer Corp All Stars - Colonels	12:45 PM	A	1:00 PM	1:20 PM	1:30 PM
1	Senior Coed Level 3	Northern Elite - Force	12:49 PM	B	1:04 PM	1:24 PM	1:34 PM
2	Small Senior Level 3	L.C.I. - Fury	12:53 PM	C	1:08 PM	1:28 PM	1:38 PM
2	Senior Coed Level 3	Cheer Illinois Athletics - Infinity	12:57 PM	A	1:12 PM	1:32 PM	1:42 PM
3	Small Senior Level 3	River Cities Cheerleading - Senior Rebels	1:01 PM	B	1:16 PM	1:36 PM	1:46 PM
3	Senior Coed Level 3	Heat Athletics - Wildfire	1:05 PM	C	1:20 PM	1:40 PM	1:50 PM
4	Small Senior Level 3	Southwest All Stars	1:09 PM	A	1:24 PM	1:44 PM	1:54 PM
4	Senior Coed Level 3	Hawks Cheerleading Club	1:13 PM	B	1:28 PM	1:48 PM	1:58 PM
5	Small Senior Level 3	Planet Spirit - Storm	1:17 PM	C	1:32 PM	1:52 PM	2:02 PM
5	Senior Coed Level 3	CheerForce - Coed Silver	1:21 PM	A	1:36 PM	1:56 PM	2:06 PM
6	Small Senior Level 3	Tri-State Cheer All Stars - Encore	1:25 PM	B	1:40 PM	2:00 PM	2:10 PM
6	Senior Coed Level 3	Arlington Cheer Elite	1:29 PM	C	1:44 PM	2:04 PM	2:14 PM
7	Small Senior Level 3	Premier Athletics - Hurricanes	1:33 PM	A	1:48 PM	2:08 PM	2:18 PM
7	Senior Coed Level 3	Brandon All-Stars - Senior Maroon	1:37 PM	B	1:52 PM	2:12 PM	2:22 PM
8	Small Senior Level 3	KC Cheer	1:41 PM	C	1:56 PM	2:16 PM	2:26 PM
8	Senior Coed Level 3	East Celebrity Elite - Senior Red	1:45 PM	A	2:00 PM	2:20 PM	2:30 PM
9	Small Senior Level 3	Peak Athletics - Jaguars	1:49 PM	B	2:04 PM	2:24 PM	2:34 PM
9	Senior Coed Level 3	Charlotte Allstars - Emerald	1:53 PM	C	2:08 PM	2:28 PM	2:38 PM
10	Small Senior Level 3	Cheer Florida	1:57 PM	A	2:12 PM	2:32 PM	2:42 PM
11	Small Senior Level 3	Rock Solid All Stars - Seniors	2:02 PM	B	2:17 PM	2:37 PM	2:47 PM
10 Minute Break							
9	Small Senior Small Gym Level 3	Arcadia Aces	2:15 PM	C	2:30 PM	2:50 PM	3:00 PM
1	Small Senior Small Gym Level 3	Panther Cheer Athletics	2:20 PM	A	2:35 PM	2:55 PM	3:05 PM
10	Senior Coed Level 3	Memphis Elite	2:24 PM	B	2:39 PM	2:59 PM	3:09 PM
2	Small Senior Small Gym Level 3	Zone Cheer All-Stars - Sparks	2:28 PM	C	2:43 PM	3:03 PM	3:13 PM
11	Senior Coed Level 3	Star Athletics	2:32 PM	A	2:47 PM	3:07 PM	3:17 PM
3	Small Senior Small Gym Level 3	Absolute Academy	2:36 PM	B	2:51 PM	3:11 PM	3:21 PM
12	Senior Coed Level 3	Iowa Elite Cheer	2:40 PM	C	2:55 PM	3:15 PM	3:25 PM
4	Small Senior Small Gym Level 3	Warren County All Stars	2:44 PM	A	2:59 PM	3:19 PM	3:29 PM
1	Large Senior Level 3	Kentucky Elite - RowdyCats	2:48 PM	B	3:03 PM	3:23 PM	3:33 PM
5	Small Senior Small Gym Level 3	Wildcat Elite All Stars	2:52 PM	C	3:07 PM	3:27 PM	3:37 PM
2	Large Senior Level 3	All Star Cougar Cheer - Respect	2:56 PM	A	3:11 PM	3:31 PM	3:41 PM
6	Small Senior Small Gym Level 3	Eastern Washington Elite Cheer	3:00 PM	B	3:15 PM	3:35 PM	3:45 PM
3	Large Senior Level 3	Apex Athletics - Rampage	3:04 PM	C	3:19 PM	3:39 PM	3:49 PM
7	Small Senior Small Gym Level 3	Rebel Xtreme - Xtreme Storm	3:08 PM	A	3:23 PM	3:43 PM	3:53 PM
4	Large Senior Level 3	Vancouver All-Stars - HurrCane	3:12 PM	B	3:27 PM	3:47 PM	3:57 PM
8	Small Senior Small Gym Level 3	Ultimate Athletics	3:16 PM	C	3:31 PM	3:51 PM	4:01 PM

Awards Session I - Small Senior & Small Senior Small Gym Level 3 Awards - 4:15pm - 4:45pm

Awards Session II - Senior Coed & Large Senior Level 3 Awards - 4:45pm - 5:15pm